
WORSHIP SERVICES

February Theme: POWER

Sun, Feb 10, 9 & 11:15 a.m.

Life Calls Us On

Do not miss this important sermon. Assist **Rev. Lynn Strauss** in crafting a powerful Sunday experience.

The **Adult Choir** will sing.

Justin Furnia on piano.

First Fifteen—Three to four Sundays a month, all ages* join in worship in the Sanctuary for the “First Fifteen” minutes, after which those in pre-K through 5th grade follow their teachers to their classrooms. Parents of pre-K through 3rd grade are asked to sign their children out from classes promptly at the end of worship; children in 4th grade and up will be dismissed to find their parents at the end of class. *Nursery care for infants—3-year-olds is available during the entire service in Building 3, Room 33.

Sun, Feb 17, 9 & 11:15 a.m.

Power to the People

Rev. Strauss will consider the transformative power of the collective. Have you ever considered joining a commune? Explored a co-housing opportunity? A “workers collective”? How do we share power effectively, and then who’s in charge?

WildBerry Jam will sing, with **Dick Gilbert** on piano.

(continued on page 2)

February 6, 2019

Quest

The Newsletter of the
Unitarian Universalist

Congregation of Rockville:
A Welcoming Congregation

Lifelong Spiritual Discovery Beloved Community A Just World

Volume LXII, Number 6
February 6, 2019

Editor & Publisher:
Adrian L. H. Graham

DeLynnations

by Rev. Lynn Strauss

“Hidden in all stories is the One story. The more we listen, the clearer the story becomes. Our true identity, who we are, why we are here, what sustains us is in this story...this one story of human history.”

-Rachel Naomi Remen

Recently, I visited the National Center for Civil and Human Rights in Atlanta, Georgia. Throughout that week, I read sermons of Dr. Martin Luther King, Jr. I never met Dr. King, but the civil rights movement touched my life in myriad ways.

In the summer of 1967, I worked at a United Church of Christ camp in the countryside north of Chicago. The mission of Pleasant Valley Farm was to bring diverse inner city youngsters out of the city and into nature, there to tend cows and chickens, to paint fences and make pottery bowls, to have access to a library at all hours, and to eat together in the dining hall. We were, in our small corner of the world, building and teaching Beloved Community.

On Sundays, after the kids had boarded buses to take them home, youth and adults came together to learn and discuss important issues. One afternoon we heard about Black Power from a panel of members of the Black Panther Party. Four young men spoke about why they could no longer follow the non-violent approach of Dr. King. It was, for me, a radically different mode of learning about oppression, inequality, and the personal pain and anger of people of color. I don’t remember their message, but I can still feel their fierce passion, their outrage, their courage and commitment to radically change the world.

Remembering that Sunday afternoon, I wonder at my privilege and my complacency. We who have survived owe much.

Blessings of Love and Justice,

Lynn



Quest deadline: Thursday, **February 28, 2019** at 8:00 p.m.,
for mailing on **March 6, 2019**.

Email to quest@uucr.org

Quest

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(Worship Services continued from page 1)

Chalice Chapel—One Sunday in most months, children and youth gather in Founders Hall for worship where they will sing, share, and create together. Nursery care for infants—3-year-olds is available during the entire service in Building 3, Room 33.

Sunday, February 24, 9:00 a.m. & 11:15 a.m.

YOUTH-LED SERVICE

Our Digital Identities

On the internet, no one knows you're a dog. A new study says that 85% of people will believe a new study without checking out if it exists. How do our digital identities (and others') affect us? In their annual service, the **Senior High Youth** explore the impact of digital identities on our lives.

Special music by members of the Senior High Youth Group. **Justin Furnia** on piano.

First Fifteen—see above.



March Theme: DANCE

Sunday, March 3, 9:00 a.m. & 11:15 a.m.

CANVASS SUNDAY

Legacies of Love

Rev. Rebekah Savage and **Rev. Lynn Strauss** will offer reflections on the abundance and generosity of our congregation. There is so much to celebrate and so much to envision. Let's not "dance" around the subject of money as we kick off our canvass. UUCR is a commitment worthy of our most heartfelt pledge.

The **Adult Choir** will sing. **Justin Furnia** on piano.

First Fifteen—see above.

CONGREGATION WORKS

Leadership Development Update

by Terrie Barr

A small group is answering the charge from the UUCR 5-Year Plan to develop a leadership recruitment and development plan including mentoring by 2019/20 to be implemented in 2020/21.

We've been working for almost one year. Here is our progress to date:

- ◆ We have interviewed ten UUCR congregational leaders to get their input and guidance. We are fortunate to have generous leaders who have volunteered to help.
- ◆ We have evaluated four congregational Leadership Development programs.
- ◆ We have reviewed UUA leadership resources including four online courses, a classroom curriculum, Harvest the power, and the Mid-Atlantic and Central East Region approaches.
- ◆ We have read two books, *Serving with Grace* and *The 15 Commitments of Conscious Leadership*. The first is used at All Souls and the second is being used by our own Board. Fran Lowe and Bonnie Bloomquist donated over 30 books for a leadership library section. We are grateful to librarian Myra Remigio-Leonard for reviewing and cataloging them.
- ◆ We requested a budget for next fiscal year.
- ◆ We drafted and discussed a comprehensive, draft Power Point summarizing our work to date, our needs assessment approach, UUC leadership development program elements, and a framework/structure for the proposed UUCR Leadership Development Plan.
- ◆ We are working to get consensus on the elements of the proposed plan that we will transmit to the Board of Trustees for action. Included among the issues is an approach for identifying emerging leaders.

We welcome your input and questions. If you would like to speak with a team member, please contact: Bonnie Bloomquist, Michael Mignano, Sherry Dittmann, Terrie Barr, or Fran Lowe.

Let There Be Light: Bulb Exchange

by Environmental Action Group

Stop wasting money on your electric bill and reduce energy use in your home! Bring in your old compact fluorescent (CFL) or incandescent bulbs and swap them for up to three LEDs at no cost during Middle Hour on Sunday, March 10.



Why make the switch?

LEDs, or light emitting diodes, are the latest technology for lighting your home and they produce light in a more energy efficient way than ever before. ENERGY STAR certified LEDs also provide tons of benefits:

- ◇ LEDs lower energy costs: LEDs lasts longer than other light bulbs. Annually, each incandescent bulb cost about \$4.80 to operate, whereas LEDs are about \$1. Over its lifetime, the savings could be between \$80 and \$540, depending on the type of bulb it replaces.
- ◇ LEDs reduce maintenance costs: Since they last so long, you'll spend less time replacing lighting in your house. This means less time spent on ladders, less time in stores buying lighting, and less waste.
- ◇ LEDs create less heat: LEDs produce significantly less heat as they light your home. You won't burn your hand touching one, and you may see a reduction in how much your home needs to be cooled in the summer.
- ◇ LEDs have no toxic elements: CFLs contain mercury and should be treated like a hazardous waste when it's time to dispose of them, while LED and incandescent bulbs can be thrown in the trash.

FAITH FORMATION

Reflections...

by Carla Miller, Director of Religious Education

What?! Sex Ed at Church!?

Our Whole Lives (OWL) classes offer a unique opportunity for people of all ages to learn about human sexuality within our faith community. More than a health class, OWL is a unique part of our faith formation program for children and youth—grounded in UU principles and values. At all ages and stages, OWL presents accurate, developmentally appropriate information centered in affective, emotional, and social learning and growth. OWL conveys message of self-worth, self-love, and healthy relationship with others. This program recognizes and respects the diversity of participants with respect to biological sex, gender identity, gender expression, sexual orientation, and disability status. The activities and language used throughout the program have been carefully chosen to be as inclusive as possible of this human diversity.



UUCR is blessed to have well-trained OWL facilitators at each level. UUCR offers two levels of OWL each year, alternating between Grades K-1 and Grades 4-5, and one youth level each year—either Grades 7-9 or Grades 10-12.

Right now, we are offering OWL for Grades 10-12, and our program for Grades K-1 is coming soon!

Grades K-1 OWL supports parents in educating children about birth, babies, bodies, and families. Following a Parent Information Session, the children's sessions engage children in stories, songs, and activities. Each session includes a "Home Link" - a homework project for parents and children to do together. This essential feature promotes a healthy dialogue between parent and child. This class lays the foundation for healthy understanding of sexuality and open communications about our bodies that will last for a lifetime.

Join us for a Parent Information Session during Middle Hour on February 24. On March 3, we will hold the REQUIRED Parent-Child Orientation from 12:30 p.m. to 2:30 p.m. with lunch. The regular class session will be held from 10:00 a.m. to 11:00 a.m. from Sunday, March 10 through Sunday, May 5, with a Family Celebration at the end!

Let's Plan Some Monthly Middle Hour Multigenerational Activities!

I'd love to be able to offer a fun, multigenerational activity each month, connected to our monthly themes. We will need the involvement of volunteers to help make this happen. In January, with *Mystery* as our theme, we explored space together. On February 17, we will have fun playing cooperative games as we experience our theme of *Power* through the power of cooperation. Our March theme is *Dance*. Let's hold a dance party! Is there a DJ in the house? On April 21, Easter Sunday, there will be an egg hunt and other special activities. May's theme is *Delight!* Certainly we could find something delightful to do?

Interested in knowing more? Helping to lead an activity or to organize and publicize events? Please contact me at cmiller@uucr.org or our RE & Youth Assistant, Anne Chernikoff, at achernikoff@uucr.org.

(continued on page 5)

FAITH FORMATION

(Reflections continued from page 4)

Family Fellowship Potlucks

Want to hang out with some other families for fun, laughs, and friendship? So do we! Starting in March, join us for a potluck every **Second Sunday** from 12:45 p.m. to 2:00 p.m. This is a low-key, low stress gathering where we will have the chance to get to know each other better and to meet new families. Please bring family friendly food items (no nuts please) and we can heat them if needed. No need to sign up—just show up! We ask that all share in the clean up afterwards. Please let Elsa Powel Strong or Jamie Chao know if you have questions!



The Unitarian Universalist Mid-Atlantic Community (UUMAC)

UUMAC gathers together for one week each year to build community and deepen our Unitarian Universalist faith through mindful worship and intentional community, that includes adult workshops, engaging programs for children and youth, music, dance, fun, and friendship. Please join us at the UUMAC 2019 Retreat, July 7—13, 2019, at DeSales University, Center Valley, PA. Register by April 16, 2019, to receive the Early Bird discount. This year's theme is Non-Violent Communication, led by Theme Speaker Rev. LoraKim Joyner, along with Minister of the Week, Pippin Whitaker.



SOCIAL JUSTICE

Unitarian Universalist Legislative Ministry of Maryland (UULM-MD)

by Jack Taylor & Alonzo Smith

The Unitarian Universalist Legislative Ministry of Maryland (UULM-MD) is a statewide advocacy network of Unitarian Universalists, working to educate, mobilize, and coordinate UUs on specific issues before the Maryland General Assembly. It works in coalition with established state and national organizations, such as the ACLU. Alonzo Smith and Jack Taylor (of the Social Justice Committee) attended the UULM Legislative kick-off meeting Saturday, January 26, 2019, at the Unitarian Universalist Church of Annapolis. The major issues the UULM support during the 2019 legislative session ([ending April 8](#)) include:

Immigration.

Legislation on a Dream Act Extension extending in-state tuition.

SAFE Act – establishing immunity from civil and criminal liability for state officials.

Trust Act – prohibiting the stopping of an individual for suspected immigration violation

Climate Change.

The Clean Energy Jobs Initiative, which increases the state's Renewable Portfolio Standard Policy to 50% renewable electricity by 2030.

Death With Dignity.

Similar to the Oregon Death With Dignity Act.

Economic Justice.

Minimum wage of \$15 per hour by 2023.

Gun Violence.

Outlaw 3-D printed guns, outlaw ghost guns, raise the age to legally buy guns, and decrease legitimacy of borrowed guns.

Health Care.

Health Insurance Down Payment Proposal, Prescription Drug Affordability Board

Restorative Justice.

Action on Restrictive (Solitary) Housing/Confinement, Improved Correctional Education policies, and Transparency in Police Complaint procedures. Providing free hygienic supplies to female inmates.

The UULM-MD website (www.uulmmd.org) is a great source for more detailed descriptions of the upcoming legislative issues, and information on how to become engaged. The Social Justice Committee will also continue to be proactive. Your quick phone call to a legislator in March could make all the difference.

Middle East Tours Talk

by Steve Lapham

Emily Siegel, Program Director of Eyewitness Palestine, describes Middle East tours on Sunday, February 10, 2019 in Room 51 at 12:30 p.m. (See the [January 2019 issue of Quest](#), page 9, for details).



SHARING THE MINISTRY

We WILL Rock You!

by Sarah Jebian, Director of Music

ONE night, FOUR intergenerational UU bands, only ONE winner! Don't miss the first ever [UU Battle of the Bands](#) hosted by UUCR on **Saturday, February 16 at 7:00 p.m.**

Unitarian Universalists are known for their commitment to peacemaking and equanimity – except when it comes to rocking out on stage to compete for bragging rights as the best UU band in the Mid-Atlantic region!

Come join us for an evening of fierce competition, screamin' guitar licks, swingin' horn solos, tight vocal harmonies, and all-out fun! Cheer on performers from the Fairfax, Columbia, UUMAC, and Rockville UU congregations and vote for your favorite band with your \$ to support the ministries of all four commUUnities!

The festivities start at 7:00 p.m. with a special opening act you won't want to miss. Then, each featured band will have 20 minutes to impress you—the voters—with their sweet sounds. Drop your admission ticket in the guitar case of your favorite band. You can buy extra voting tickets for \$1 each to vote more than once.

Tickets are just \$10. Purchase your tickets in advance and you will receive five extra voting tickets for free! Youth (high school age and under) are free with a paying adult, but you'll have to buy voting tickets at the door.

Did we mention that every band is intergenerational?! Come and support our inspiring performers!

<https://uucrmusic.weebly.com/battle-of-the-bands.html>

The Bands

Rockville's own ***Bonfire of the Mannakeys*** is bringing their A-game to this competition. We're thrilled to feature some of our star youth performers: Rebecca Julka (trumpet, vocals) and Logan Delevan-Hoover (vocals) with Khalid Alzouma (keyboards) and Matthew Bennington-Lyons (trumpet). Rocking out with our youth members are Bronson Hoover (bass, vocals), Wayne Crump (guitar, vocals, trombone), Aaron Pied (drums), Jeremy Schuhmann (lead guitar), Eric Goss (sax), Melanie Lyons (trumpet) and Niambi Powell, Jenny Lyons, and Sarah Jebian (vocals). Our set offers a little something for everyone! We'll have you dancing and singing along!

Oakton Bat Rescue, based at UU Fairfax in Virginia, is dedicated to two main goals: rescuing bats, and playing exciting, soulful, no-holds-barred rock 'n' roll. OK, mostly playing rock 'n' roll. We are honored and thrilled to cross the Potomac for this epic Battle of the Bands! We have the "Best Small Mammal Rescue" award locked up, but we will give everyone stiff competition for the music award for Best Band as well. The band includes youth Ben Eggleston (drums, keyboards), Annalise Lang (drums/percussion), and Kate and Betty Schlageter-Prettyman (vocals). Joining these terrific youth are David Addis, Liz Anderson, and Mary Gaskins (vocals), John Graham (guitar), Bob Carr (guitar), and Pete Raffle (bass). Put on your dancing shoes, because Oakton Bat Rescue is coming to your town!

UUnified is stoked to represent the UU Congregation of Columbia at the first regional UU Battle of the Bands event! We are led by singer/songwriter Ross "Rockin' Doc" Martin (guitar, percussion, lead and backing vocals) with some powerful talent from our youth including Braidon "Eat Your Heart Out Sheeran" McLaughlin (lead vocals, rhythm guitar); Nick "The Shredding Ringer" Evangelista (lead guitar, backing vocals); and Teaghan "The Singing 7th Weasley" McLaughlin (vocals, ukulele). Our seasoned bandmates include singer/songwriter Steve "Piano Man" Evangelista (piano, vocals); performer Regina "Power Pipes" Verow (vocals, tambourine); legendary jazz performer, vocalist, composer, arranger and UUCS Assistant Minister Anthony "Blue" Jenkins (vocals, upright bass); and Jim "Silky Smooth" Stivers (jazz guitar) round out the band. We will be performing some classics as well as debuting an original composed specifically for this event. Come ready to vote as we rock your Unitarian Universalist World!

The **UUMAC ATTACK BAND** is excited to represent the UU Mid-Atlantic Community Summer Camp held each summer in Allentown, PA! Our roster includes members from MD, DC, VA, and PA. We will attack your musical sensibilities with songs that celebrate the human condition! We are grateful for this wonderful opportunity to share the stage with all the other great bands at this event!

ANNUAL CANVASS

Our 2019 Canvass: Legacies of Love

by Bruce Baskett

What do you value about UUCR?

The community of love and support you find here? The inspiration, sustenance, and beauty in UUCR's services and music? That your personal truths are honored, and can be explored further? Faith formation opportunities for you and your family? Your concepts of justice being supported? The ministries you receive? The ministries you do?

Legacies of Love made those things possible.

Reverend Lynn asks, "...what future will we unfold through our generosity?"

Here is what will be possible when we tend to the financial needs of our Congregation:

We will...

- ⇒ ...fully support all of our extraordinary staff within the operating budget.
- ⇒ ...continue to provide two beautiful and vibrant worship services that nurture the spirit and engage the mind.
- ⇒ ...support our joyful music and arts ministries, which enhance the spiritual life of the congregation and further the mission of UUCR.
- ⇒ ...provide for our Faith Formation programs for children and youth, which nurture the awakening of minds and hearts; and which encourage and empower youth to explore life's many questions and discover their personal meanings.
- ⇒ ...continue and increase our efforts towards social justice in our community and beyond, with progressive programs and services close to our hearts.
- ⇒ And we will do all those other things that make UUCR the wonderful place it is for you and our community!



UNITARIAN UNIVERSALIST
CONGREGATION of ROCKVILLE
CANVASS 2019

Give welcome to our 2019 Canvass Logo, by Susie Spangler!

"My goal has been to convey both the deep roots and high aspirations embodied in the investments and contributions made by our congregation, as well as our interconnectedness with the natural world—and, by extension, with each other." —Susie

UUCR Annual Fellowship Dinner — Saturday March 2, 2019

Please join us at UUCR on Saturday, March 2 for our annual Fellowship Dinner. The fun begins at 5:00 p.m. with a social hour followed by dinner unique to each table. Childcare will be provided. This all-congregation event is a wonderful chance to meet new UUCR members, catch up with old friends, share culinary gifts, and have a relaxing evening together. The Jr. and Senior High will have tables in the sanctuary. Childcare will be provided for 5th graders and younger. Children should bring a nut-free brown bag dinner. In addition to attending, we request you consider volunteering to host a table, set up, clean up, or staff the kitchen. RSVP (regrets and acceptances): <https://goo.gl/Zhq4j7> Contacts: Andy & Melissa Moore, fellowshipdinner@uucr.org.

ANNUAL CANVASS

UUCR's Canvass is critical to the health of our beloved community. It affords all members a chance to reflect on our congregation's mission, accomplishments, priorities, needs, and goals. Especially if you are new to UUCR, you'll want to become aware of the congregation's financial costs and obligations, and consider how best you can support our infrastructure and our goals.

Mostly importantly, you are invited to come hear one another into being.

You are invited to join a Focus Group: **ADD YOUR VOICE**

You matter at UUCR: **ADD YOUR PRESENCE**

Our legacy was begun by others: **NOW IT IS YOUR TURN**

Join Board members, Lay Ministers and Canvass Committee members focusing on the needs, priorities and goals of UUCR. Meet us in Founders Hall for information, conversation, and refreshments on one of these dates:

- Saturday, February 23, 9:30 a.m.
- Sunday, February 24, 12:30 p.m.
- Sunday, March 17, 12:30 p.m.

Choose a time and join in to make the circle whole.

No need to sign up! And just let [Carla Miller](#) know if you need childcare. For further information contact Canvass co-chairs **Mark Shannon and Sue Hedges** at canvassteam@uucr.org.



Quest

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February 6, 2019

DATED MATERIAL

Unitarian Universalist Principles

As a member congregation of the Unitarian Universalist Association, we covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

In addition to these Seven Principles drawn from the Principles and Purposes of the Unitarian Universalist Association (UUA), we as a congregation have also elected to affirm and promote a proposed Eighth Principle:

- Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Our Mission and Vision

The mission and vision of the Unitarian Universalist Congregation of Rockville is to
Practice Courageous Love.

Our Values

Lifelong Spiritual Discovery ~ Beloved Community ~ A Just World