
SUNDAY SERVICES

November Theme: COURAGE

Sunday, Nov 12, 10:00 a.m.

NEW MEMBER SUNDAY

Moral Courage

In the face of pain, we offer compassion. In the face of anger, we offer love. In the face of strife, we seek to understand first. How does moral courage shape us along the full arc of emotionally and spiritually present lives? Led by **Rev. Rebekah Savage**.

Sonaria will sing. **Justin Furnia** on piano.

First Fifteen—Three to four Sundays a month, children and youth spend the “First Fifteen” minutes in the Sanctuary for the multigenerational portion of the worship service, after which they follow their teachers to their classrooms. Parents of Preschool through 3rd Grade are asked to collect their children from classrooms prior to 11:15 a.m.

Sunday, Nov 19, 10:00 a.m.

INTERGENERATIONAL
THANKSGIVING SERVICE

We'll tell the Stone Soup story and share a cup of soup right after service. **Rev. Lynn Strauss** and Director of Religious Education **Dayna Edwards** will lead our service on *The Power of Gratitude*.

The **Adult Choir** will sing. **Justin Furnia** on piano.

(continued on page 2)

Quest

The Newsletter of the
Unitarian Universalist
Congregation of Rockville:
A Welcoming Congregation

Lifelong Spiritual Discovery Beloved Community A Just World

Volume LXI, Number 3
November 8, 2017

Editor & Publisher:
Adrian L. H. Graham

DeLynneations

by Rev. Lynn T. Strauss



*Grandfather, look at our brokenness.
We know that in all creation only the human family
Has strayed from the Sacred Way.
We know that we are the ones who are divided,
And we are the ones who must come back together
To walk the Sacred Way.
Grandfather, Sacred One,
Teach us love, compassion and honor
That we may heal the earth and heal each other.
-From the Ojibway Indians of North America*

Just this past Sunday, there was another mass shooting at a church in America. A small Christian church in a small town in Texas is in deep mourning. How do we worship without fear? How do we heal the divisions in our nation, in our hearts? How do we turn back the clock on the proliferation of guns? How do we speak the truth of our brokenness, of our anger, of our wounds? May we at UUCR be a people of hope as we uphold our commitment to building Beloved Community through the Practice of Courageous Love.

Blessings,
Lynn

Quest deadline: Thursday, November 30, 2017 at 8:00 p.m.,
for mailing on December 6, 2017.
Email to quest@uucr.org

Quest

**Unitarian Universalist
Congregation of Rockville**
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Religious Education Assistant: Rena Geibel
Pianist: Justin Furnia
Building Sexton: Justin Onyeador

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(Sunday Services continued from page 1)

Multigenerational Service—All gather together in the Sanctuary for the entire service. Loving care is provided to the youngest members of our community (infant—3 years) in Building 3, Room 33.

Sunday, November 26, 10:00 a.m.

Courageous Gratitude

In this time of gratitude, we turn to reflect upon how courage and love intersect. Lao-Tzu wrote: “Being deeply loved by someone gives you strength, while loving someone deeply gives you courage.” For this service, we will celebrate through ritual and song the abundance of courageous love and strength in our hearts, lives, and community.

Chapel for Change (C4C)—Once a month, children and youth have a fun, multi-age worship service. All children and youth report directly to Founders Hall. Parents of Preschool through 3rd Grade are asked to collect their children prior to 11:15 a.m. Nursery care in Building 3, Room 33.



November Theme: LOVE

Sunday, December 3, 10:00 a.m.

Love Lessons of a Lifetime

What does the Christmas season teach us about love? Does love blossom only in the spring, or is the dark of winter an invitation to a deeper experience of love? Does our rational faith leave room for love to enter? **Rev. Strauss** will reflect on these questions.

The **Children's Choir** and the **Adult Choir** will sing. **Justin Furnia** on piano.

First Fifteen—see above.

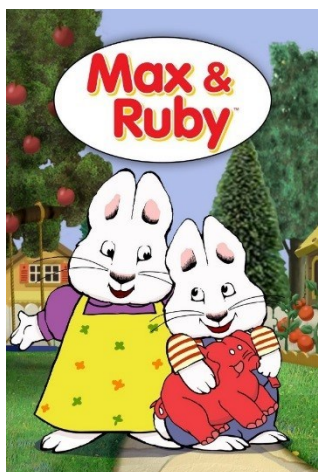
Check out our monthly
Spiritual Theme Sheet
on page 11!

FAITH FORMATION

Reflections

by Dayna Edwards, M.A., Director of Religious Education

Have you ever seen the show Max and Ruby? It is about two little bunny kids who have adventures and misunderstandings in their backyard. When my first two kids were little, the show would drive me nuts, although it was a staple in our household TV rotation. Most of the misadventures occurred because the little bunny Max was too little to speak, and Ruby, the know-it-all big sister, was trying



to interpret his needs and did so incorrectly. The only adult in the show was their grandmother, who would always show up as soon as the problem had been solved. “Where’s the mom?” I would ask with a sly smile as Max was hanging by his foot from the top of the stairs. “When is Max ever going to learn how to talk?” my husband would joke to our little ones with a wink.

Now, five years later, and on child number three, we get to watch Max and Ruby again. But the show Max and Ruby has changed! Max says full sentences now; and their mother is a character, though not fully aware of her kids’ mishaps. Dialog moved the plot forward instead of music and pictures. These are the changes I had been wanting for years. Yet I was disoriented when I watched it. I felt almost suspicious of the changes. The show didn’t follow the pattern I had come to expect. Having an articulate Max was hard for me to process. I know that the changes are for the better, but that doesn’t mean it wasn’t weird at first.

Even changes that we want can be disorienting and worrisome. Though I am sure executives, animators, and advertisers had planned the change for years, to me it felt like a sudden change – a change to a show that had become a beloved part of my kids’ childhoods. It felt wrong, even though I had been privately asking for those exact changes for years. My youngest will never know a flawed version of Max and Ruby. I have to admit, I mourned that loss for a minute. I mourned the joint eye rolling and pithy conversation that inevitably took place between my husband and me when the show came on. I mourned Ruby’s independence as the older sister (I am also an older sister) now that her mother is present. I am sure we’ll develop new and maybe better pithy conversation, and I know Ruby and Max are safer with their mother in the show.

This is the way it goes with change. The losses we mourn may not be obvious and big, but might be our subtle patterns surrounding the more obvious changes. It is okay to name the loss, mourn the loss, and at the same time celebrate the change and develop new patterns.

SOCIAL JUSTICE

UU Legislative Ministry of Maryland

by Andrea Hall & Alonzo Smith

In September and October, the Unitarian Universalist Legislative Ministry of Maryland, or UULM-MD, was our partner plate recipient. A heartfelt thanks to all who contributed so generously.

Despite this partnership this fall, you may still be wondering what UULM-MD does, and what is ahead for the group in 2018. UULM-MD is one of many UU state advocacy networks around the country, all of which serve as the collective voice of liberal religious values in their respective states, bringing UU values to the public square.

UULM-MD alerts, educates, and activates Marylanders to address issues before the Maryland General Assembly.

Each year, UULM-MD picks 3 or 4 “priority issues” to work on during the upcoming 90-day legislative session in Annapolis. These are issues on which we know bills will be introduced. These must be bills that have a least a miniscule chance of passing, and an issue on which there is a group of people willing to work. In the past, some of these issues have included marriage equality, repeal of the death penalty, and sensible gun control legislation.

UULM-MD has no office, and just one part-time staffer who helps coordinate all the moving pieces, including creating printed fact sheets, managing our Salsa Labs database for mobilizing supporters, and generally making sure nothing falls through the cracks during this fast-paced time in Annapolis, as well as providing ongoing support throughout the year. The working volunteer board does its part by reading and understanding the legislation; creating messaging for each bill with a UU lens; mobilizing UUs and others across the state when it’s time to visit/write/call/email their legislators, or attend hearings and rallies; and staying on top of the various bills’ progress, all by working within an established coalition.

For some of the legislation we have worked on, such as marriage equality and transgender rights, we were one of a very few, or perhaps the only faith-based organization promoting the bill. In advocating for legislation that reflects our UU values, our tone and discourse of advocacy places as much emphasis on moral and spiritual values as on the specifics of the bills. Consequently, the messages of our legislative ministry make us different from the traditional lobbying groups in Annapolis.

In August, our meeting in Frederick was addressed by Paula Cole Jones. Later, we adopted her suggestion to make racial justice one of our primary goals. Accordingly, we have also invited Cheryl Glenn, Assemblywoman from the 45th District in Baltimore and Chair of Legislative Black Caucus, to address our annual kickoff meeting on January 20. On October 22, we held an “Issues Forum” at the UU congregation in Finksburg – Cedarhurst Unitarian Universalists – where several legislative initiatives for 2018 were discussed. For further information, visit our website at: www.uulmmd.org. Also, please feel free to contact Alonzo anytime.

“I believe we can only be fully human if we devote ourselves to making the world a better place. UUs become better people when we care about others and work to alleviate injustice and oppression. To care about people leads to getting involved with social justice work.” -William Murry, minister emeritus of River Road Unitarian Universalist Congregation, former UULM Board member, and past president of Meadville Lombard Theological School.

SOCIAL JUSTICE

Thanksgiving Baskets

by Ken Sandin



Traditionally, UUCR has collected food and gift cards for Community Ministries of Rockville to distribute to our neighbors in need before Thanksgiving Day. See “Sample Holiday Basket to Serve 8” at <http://www.cmrocks.org/services/holiday-giving>. Last year, we collected enough for seven baskets. Can we do more?

Please bring your donations on Sunday morning, November 19. Contact: **Ken Sandin**.

SHARING THE MINISTRY

Film & Discussion Series—Power to the People

by Julie Graf

The UUCR Young Adult Group is sponsoring a film and discussion series dedicated to the premise that pop culture is a vessel for understanding and loving the outsider. Join us on **Saturday, November 11** at 7:00 p.m. in Room 50 for a screening of *Paris is Burning* (1990). Before Madonna’s “Vogue,” before *RuPaul’s Drag Race*, there was the 1980s drag ball scene in New York City, a competitive, performative art created within the black and Latino gay and transgender communities. This thoughtful, entertaining documentary explores race, class, gender, and sexuality – and the positive and negative aspects within a complex subculture. Ages 13-plus; popcorn and drinks provided.



SCHEDULE OF FILMS

November 11, 2017: *Paris Is Burning* (1990)
December 9, 2017:
The King of Kong - A Fistful of Quarters (2007)
January 13, 2018: *Style Wars* (1983)

February 10, 2018: *KISS Loves You* (2004)
March 17, 2018: *A Band Called Death* (2012)
April 14, 2018: *Dogtown and Z-Boys* (2001)
May 12, 2018: *Heavy Metal in Baghdad* (2007)

Wreath Laying

by Rev. Rebekah A. Savage

On December 16, we will gather as a community to participate in the wreath laying at Arlington National Cemetery, to honor those who have served our country. Over the years, my children and I have spent hours in the cold, walking up and over the hills of the cemetery to participate in this meaningful time of remembrance. All over the sprawling land, shipping trucks hold thousands of wreaths and hundreds of volunteers carefully make their way to each and every headstone (except for those with a Star of David, signifying that the person is Jewish). Volunteers are asked to pay their respects by taking a moment to read the headstone fully and speaking the name of the person who is buried there. Recently, the DoD authorized the use of our flaming chalice for Unitarian Universalists and Rev. David Pyle, a US Army Reserve chaplain and UU minister took time to collect pictures of many of them. You can find a slideshow of the UU headstones at :

<https://www.flickr.com/photos/23154972@N07/sets/72157620946630120/show/>

Come join us in this act of service and gratitude to those who served our country and their families.

“As long as we live, they too will live; for they are now a part of us, as we remember them.”
~Jewish Prayer

SHARING THE MINISTRY

Beloved Conversations

by Lisa Fredin

Are you wondering about the recent increase in discussions of Black Lives Matter?

Are you self-conscious talking about “white privilege”?

Do discussions of “white supremacy” feel uncomfortable?

Do you want to learn to practice courageous love within and beyond our congregation?

*The second **Beloved Conversations Program** is here to help you work on these questions & more!*



UUCR’s new mission statement, “Practice Courageous Love,” is not just a way to guide our programs, but a call to action for all of us! Practicing courageous love includes supporting one another through challenging and uncomfortable times; but it does not mean avoiding those times. Beloved Conversations is a program developed to tackle issues of multiculturalism by facilitating personal spiritual growth in a small group setting.

A learning community is formed at the retreat (see below), led by a professional Meadville Fahs Collaborative facilitator, and then built upon during eight sessions in small, facilitated groups. *Beloved Conversations* uses music, visual arts, digital media, theater, and film to provide a space to re-form patterns of thought and behavior around constructs of race, ushering in social and spiritual healing. The curriculum focuses on how developing skills and habits of an anti-racist mind helps everyone – those in dominant groups as well as those who are targets of oppression – heal from the wounds of racism. The skills learned during this program can be applied to all forms of marginalization in our culture.

Whether you are new to social justice or have been a stalwart activist for years, let’s each locate our assumptions about race and ethnicity, learn to live better together in our multiracial, multicultural, and often theologically diverse communities, and prepare ourselves to take effective action!

Participants are asked to attend the retreat & all eight seminars. The retreat will take place **Friday, February 9, 6:00 p.m. to 9:30 p.m. and Saturday, February 10, 9:00 a.m. to 5:00 p.m.**, with meals and childcare provided. The eight subsequent two-hour sessions will be scheduled according to participants’ needs (approximately February – June). More information and a short video about the program are available at the website (<http://www.meadville.edu/beloved>). Sponsored by UUCR’s **Racial Justice Working Group & Adult Faith Formation Committee**, there is a suggested donation of \$35 per person.

If you are interested in learning more or participating, please contact: **Fran Lowe** or **Lisa Fredin**.

SHARING THE MINISTRY

A Note from the Harvest Bazaar Organizer

by Julie Graf

The quilt has been raffled, the books sorted and sold, and a frog figurine clad in purple bikini has found a new home – a source of sorrow for Mike Holmes (and delight for Marge). I am pleased to announce that the Harvest Bazaar took in \$8,260 (before expenses), meeting the fundraising goal!

The Harvest Bazaar is a labor-intensive affair, and so many in the congregation offered their time and talents to make this event a success. I would especially like to thank the following for going above and beyond the call of duty:

- ◇ Louise Friedenberg and the Quilters for their lovely quilt and other sewn goods
- ◇ Kathy Clemente and her jewelry crew for their overall fabulousness
- ◇ Stephanie Kreps and the book sorters for expanding our personal libraries
- ◇ Marianne Miller for bringing her infectious enthusiasm to the toy section
- ◇ Jon Landenburger and his bike crew for repairing and cleaning donated bikes
- ◇ Marla Riley for being the Queen of Disposition
- ◇ Mark Wilson and the Choir for grilling the dogs
- ◇ Sue Hedges, the bake-off bakers, and those who donated store-bought goods for making the re-vamped bake sale a success
- ◇ Mary Lanigan and Ken Sandin for their help coordinating food and beverage sales
- ◇ Dick Gilbert for being my Costco companion
- ◇ Eric Burch for being the money man
- ◇ Aaron Pied and Richard Chitty, who – despite burn-out from previous bazaars – offered table moving, sign hanging, and marketing services, as well as advice and moral support
- ◇ Donna Taylor, Adrian Graham, Rena Geibel, and Dayna Edwards for all of their behind-the-scenes help
- ◇ And very special thanks to Carolyn Randall, who heard a desperate plea for help and volunteered her time and talents to leading the white elephant sales section

I would also like to thank the congregation for their donations, volunteering, spreading the word, and coming to the event – it wouldn't be a success without you!

As mentioned, the Harvest Bazaar is a labor-intensive affair, and many of the volunteers believe it is becoming a stale concept. We hope to re-think the fall fundraiser over the coming year, so let the brainstorming begin! To get things started, may I suggest – food trucks and bingo?

With gratitude,
Julie Graf



Quilt Raffle Winner

by Louise Friedenberg

Congratulations to **Brian Haugen**, winner of the UUCR raffle quilt, “American Heritage”.

SHARING THE MINISTRY

Neighborliness

by Rev. Rebekah A. Savage



Do you live in the neighborhood around UUCR? Do you know and like your neighbors? We'd like to keep them liking us as we move to two services in January! Would you like to help get the word out to our neighbors about our exciting transition? If so, contact Rev. Rebekah at rev.rebekah@uucr.org.

Thank you to all who ignite a heart of service for our beloved UUCR family!

"We make a living by what we get, but we make a life by what we give." ~Winston Churchill

Thinking of You

compiled by Judy Eisenhauer on behalf of the Pastoral Care Team

Melissa Rael died October 11 at age 65 from complications of Lou Gehrig's Disease (ALS). She had been actively involved in a "baby boomer" group that was started at UUCR. Melissa was born in New Mexico and received her nursing and master's degrees from the University of New Mexico in Albuquerque. Most recently, she had been a nurse with the US Public Health Service. She is survived by her siblings Matthew, Chester, and Lynda, and by many nieces, nephews, and cousins. Many in her extended family were able to join UUCR in celebrating Melissa's life at a memorial service on Friday, October 20.



Ed Garbe, longtime member of UUCR, died October 18 at age 103. We join his daughter, Sue Roth, and son, Edward Garbe, in mourning his death. He is also survived by four grandchildren and five great-grandchildren. He was predeceased by his wife Flora. Ed graduated from Brooklyn Polytechnic Institute as a civil engineer and later served in the US Navy during World War II. Ed led a long, healthy life, and loved to share memories and stories with his many UUCR friends. He volunteered for many years—and well past his 100th birthday—at the Gaithersburg Library, teaching conversational English. A memorial service will be announced soon.

Anne McCaffrey is mourning the death of her husband, **William McCaffrey**, who died September 27 at age 75. Anne and Bill were married 51 years, and he leaves two sons, William and Francis, as well as five grandchildren. A memorial service was held on October 26 at Saint John Neumann Catholic Church in Gaithersburg.

Polly Campbell wishes to congratulate her granddaughter, **Melody Campbell**, for being one of 87 research entries in the American competition for the 2017 Nobel Prize in Chemistry. Melody's entry was for Cryo-Electron Microscopy.

In anticipation of completing her doctorate in ministry next year, and becoming "Rev. Dr. Rebekah," our Associate Minister has returned to her birth name: Rebekah Ann Savage. As always, "**Rev. Rebekah**" is just fine!

Director of Communications & Membership Adrian Graham and his husband, Joel, celebrate the birth of their newest niece, **Iman Tamia Hilliard**, and are eagerly anticipating meeting her at Thanksgiving in New Jersey!

Please contact **Judy Eisenhauer** with any joys, concerns, or accomplishments you would like to share in this column.

FALL CHOIR GALA



Unitarian Universalist Congregation of Rockville

Presents:

FALL CHOIR GALA



SATURDAY, NOVEMBER 18, 2017

UUCR Sanctuary - 100 Welsh Park Drive, Rockville, MD 20850

This annual music fundraiser is produced by UUCR's Adult Choir to raise funds for our vibrant music program. The theme of this year's event is diversity. The choir will offer an eclectic program of choral works from around the world, followed by a buffet dinner prepared by Greg Yoder and his team. Music and food both have powers to bring people together, regardless of their language and religion or the societal structures that divide us. Join us for a memorable evening of great music and lasting friendship, and support what matters deeply to many of us at UUCR!

PRE-CONCERT RECEPTION - 5:45 PM

CONCERT - 6:30 PM

Featuring UUCR's Adult Choir &
Lena Seikaly, Guest Soloist

Director - Grace Cho Piano - Justin Furnia

BUFFET STYLE DINNER - 7:30 PM

JAZZ ENSEMBLE & DANCING - 8:00 PM

TICKETS

\$35 GENERAL

\$60 COUPLES

(INCLUDES BEVERAGES)

Please visit www.uucr.org/music/gala or click on the image above for additional details, program, and to purchase tickets.

WINTER CELEBRATIONS

We are **Getting Ready for the Holidays (GR4TH)** on December 3 by collecting gently-used or new mittens, scarves, gloves, and socks for community members in need. We'll place these donated items on our **Mitten Tree** during the morning service. After worship and Sunday School, we will gather for a **potluck celebration**.

If your last name begins with:

A—I : bring salads, appetizers, or bread

J—S: bring entrees, sides, or vegetables

T—Z: bring desserts or beverages

The GR4TH potluck celebration is a wonderful way to get involved with our community. UUCR's own pick-up band, **Tuba Noodle Casserole**, will play holiday music again this year and seeks instrumental musicians of all ages (middle schoolers to senior citizens!). If you are interested in playing on December 3 during the event, please contact **Julie Graf**.

To help supervise self-directed arts and crafts, contact **Rena Geibel** at rgeibel@uucr.org.



**MITTEN TREE SUNDAY,
DECEMBER 3RD**

**PLEASE KEEP OUR COMMUNITY
WARM BY BRINGING GENTLY-USED
OR NEW MITTENS, SCARVES,
GLOVES, AND SOCKS**

**COLLECTIONS SUPPORT
INTERFAITH WORKS CLOTHING
CENTER**

**GETTING READY
FOR THE
HOLIDAYS**

POTLUCK, MUSIC, & ART
11:00 A.M. - 1:00 P.M.
SUNDAY DECEMBER 3RD

To play in the band,
contact Julie Graf.

To supervise self-directed crafts,
contact Rena Geibel.

Courage

Spiritual Theme for November 2017

Reflection Questions

- Who in your family is courageous? Have you told them you think they are courageous?
- If courage and cowardice were having a conversation with each other what would they say?
- Where do you turn when you need courage?
- What spiritual practice ignites courage in your heart?
- What does “Courageous Love” look like in your life?
- In what ways do you make bold, strong use of your heart?

Quote

"I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear."

Nelson Mandela

Books

In order from youngest to more advanced

- *A is for Activist*, Innosanto Nagara
- *Amazing Grace*, Mary Hoffman
- *Hidden Figures*, Margot Lee Shetterly (also available in young readers edition)
- *Long Walk To Freedom*, Nelson Mandela (also available in picture book form)
- *Selma Awakening*, Dr. Mark Morrison Reed
- *Beloved*, Toni Morrison
- *Underground*, Colson Whitehead

Some Courageous Practices to Try

• • •

- **Invite someone to join you at UUCR on Sunday.**
- **Give a sacred No.** Set a boundary with someone and stick to it.
- **Try a new food.** Experiment with a different spice combination or a new food altogether.
- **Ask for forgiveness.** Think of someone who you have wronged and say you are sorry, genuinely.

Playlist

• • •

Who Tells Your Story, Hamilton Mixtape (feat. Common & Ingrid Michaelson) [Clean version] by The Roots

I'm Still Here, Color Purple Original Cast Recording

Strength Courage and Wisdom, India Arie

Videos

• • •

[Moana - Restoring the Heart](#)

[Laura Mvula - Overcome ft. Nile Rodgers](#)

[Brave at University of Minnesota Masonic Children's Hospital](#)

[And Still I Rise, Maya Angelou](#)

Quest

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November 8, 2017

DATED MATERIAL

Our Vision

The vision of the Unitarian Universalist Congregation of Rockville is a strong, vibrant, and loving religious community actively engaged in nurturing spiritual freedom and working for social justice.

Our Mission

The mission of the Unitarian Universalist Congregation of Rockville is to
Practice Courageous Love.

Our Values

- Lifelong Spiritual Discovery
- Beloved Community
- A Just World